

Primary Spring 2017 Menu

Week 1



	Italian	Family Favourites	Traditional	Global Adventure	Fun Day
Hot Main Dish	Pasta Pack's Pasta Bolognese** <i>Beef and Tomato Sauce with Pasta</i>	Vegemince and Onion Pie <i>with New Potatoes</i>	Roast Turkey and Bud's Crispy Spuds & Gravy	BBQ Chicken Thigh <i>Chicken Thigh in a BBQ Sauce with Sweet Potato Mash</i>	Crispy Fish & Chips <i>Crispy Battered Pollock with Chips</i>
Alternative Dish	Mega Mozzarella & Tomato Pizza** <i>with Jacket Wedges</i>	Pasta Packs Neapolitan Cheesy Pasta <i>Tomato Pasta with Cheese</i>	Super Quorn Roast <i>Quorn Roast with Roast Potatoes with Gravy</i>	Mexican Vegetable Chilli <i>with Rice Mild Chilli Vegetables and Beans</i>	Vegetable Curry and Chickpea Wrap with chips <i>Curried Vegetables with Chickpeas in Flour Wrap</i>
Vegetables	Carrots Peas	Green Beans Roasted Veg	Carrots Seasonal Cabbage	House Coleslaw Sweetcorn	Baked Beans Peas
Desserts	Silvertop's Yoghurt with Peach Compote*	Crunchy Plum Crumble* with Custard	Berry Chill	Oatie Biscuit	Chocolate and Mandarin Sponge with Chocolate Sauce*

Cool Water, Fresh Fruit and Yoghurt served daily

*Fruit Based **Wholegrain



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Week 2



	Italian	Family Favourites	Traditional	Global Adventure	Fun Day
Hot Main Dish	Vege Balls in Tomato Sauce with Rice** <i>Vegetarian Meatballs in a Rich Tomato sauce</i>	Bangers with a Mash Mountain <i>Pork sausages with a Creamy Mash and Gravy</i>	Roast Beef with Bud's Crispy Spuds <i>and Gravy</i>	Jerk Chicken with Rice and Peas <i>Chicken in a Mild Caribbean Jerk Sauce</i>	Golden Fish Fingers & Chips <i>Breaded Fish Fingers with Chips</i>
Alternative Dish	Pasta Pack's Mac 'N' Cheese <i>Macaroni Cheese</i>	Vegetarian Bangers with a Mash Mountain <i>Vegetarian Sausages with a Creamy Mash and Gravy</i>	Bean and Chive Frittata with Bud's Crispy Spuds	Sweet Potato Gumbo with Rice and Peas	Vegetable Lasagne <i>with Chips Layers of Pasta and Vegetables Topped with a Cheesy Sauce</i>
Vegetables	Broccoli Crunchy Salad	Peas Carrots	Roasted Vegetables Green Beans	Carrots Spinach	Baked Beans Sweetcorn
Desserts	Strawberry Fro Yoghurt	Berry Flapjack	Mini Brownie with Banana Slices*	Pineapple Upside Down Cake* with Custard	Silvertop's Yoghurt with Pear and Blackcurrant Compote*
Cool Water, Fresh Fruit and Yoghurt served daily *Fruit Based **Wholegrain					



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Week 3



	Italian	Family Favourites	Traditional	Global Adventure	Fun Day
Hot Main Dish	Really Cheesy Pizza Bianca ** <i>Cheese Sauce Pizza with Tomatoes and Mozzarella with Oven Baked Wedges</i>	Chunky Chicken Bite <i>Home Made Breaded Chicken with Pasta Salad</i>	Roast Pork with Bud's Mash & Gravy	Sadie's Lasagne <i>Beef Lasagne with Garlic Bread Wedge**</i>	Crispy Salmon Fillet <i>with Chips Baked Breaded Salmon</i>
Alternative Dish	Pasta Pack's Tomato & Basil Pasta** <i>Rich Tomato and Basil Sauce with Wholemeal Pasta</i>	Cheese and Red Onion Quiche with Pasta Salad	Baked Bean and Cheese Bubble & Squeak	Sadie's Roasted Cauliflower and Chickpea Korma with basmati rice	Super Hero Burger With Chips Beef Burger
Vegetables	Broccoli Sweetcorn	Green Beans Tomato Salsa	Seasonal Cabbage Carrots	Peas Chop Chop Salad	Baked Beans Crunchy Light Coleslaw
Desserts	Silvertop's Cool Ice-Cream Pot	Raspberry Loaf Cake	Chocolate Crispy	Silvertop's Yoghurt with Mixed Fruit Compote*	Oatie Apple Crumble* with Custard

Cool Water, Fresh Fruit and Yoghurt served daily

*Fruit Based **Wholegrain

