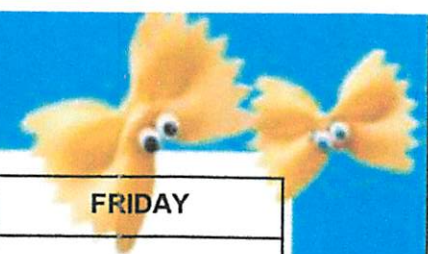


Primary Autumn 2017 Menu

Week 1



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Main Dish	Supreme Pizza** <i>with Jacket Wedges</i>	Beef & Vegetable Pie <i>with New Potatoes</i>	Roast Turkey <i>with Roast Potatoes & Gravy</i>	Chinese Chicken with Noodles	Crispy Fish & Chips
Alternative Dish	Neapolitan Pasta**	Mexican Vegetable Chilli <i>with Rice</i>	Cheese & Potato Bake	Vegetable Biryani	Veggie Hot Dog <i>with Chips</i>
Specials Bar	Panini Bar	Pasta Bar	Pizza Bar	Panini Bar	
Vegetables	House Coleslaw Peas	Green Beans Cauliflower	Braised Red Cabbage Carrots	Broccoli Sweetcorn	Baked Beans Peas
Desserts	Wedges of Melon * Orange	Pineapple and Peach Crumble <i>with Custard *</i>	Date Bar <i>served with Yoghurt</i>	Fruit in Jelly	Chocolate and Banana Muffin

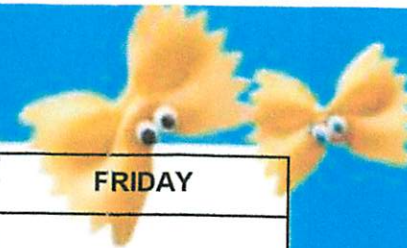
Cool Water, Fresh Fruit and Yoghurt served daily

*Fruit Based **Wholegrain



Primary Autumn 2017 Menu

Week 2



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Main Dish	Mac 'N' Cheese <i>Macaroni Cheese</i>	Pork Sausages <i>with Creamy Mash and Gravy</i>	Roast Pork <i>with Roast Potatoes and Gravy</i>	Beef Chilli <i>with Rice</i>	Golden Fish Fingers & Chips
Alternative Dish	Boston Bean Casserole <i>with Rice **</i>	Vegetarian Sausages <i>with Creamy Mash and Gravy</i>	Quorn Roast <i>with Roast Potatoes with Gravy</i>	Creamy Tomato and Basil Pasta **	Bean and potato Burrito <i>with Chips</i>
Special Bar	Pizza Bar	Pasta Bar	Panini Bar	Pizza Bar	
Vegetables	Broccoli Crunchy Salad	Carrots Seasonal Cabbage	Peas Swede	Sweetcorn Green Beans	Baked Beans Crunchy Light Coleslaw
Desserts	Chocolate and Mandarin Sponge * with Chocolate Sauce	Oatie Biscuit <i>with Fruit Slices *</i>	Peaches With Homemade Granola & Yoghurt	Carrot & Pineapple Cake Slice	Strawberry Cheesecake

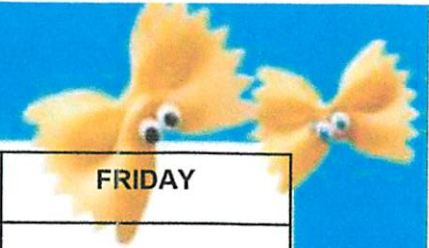
Cool Water, Fresh Fruit and Yoghurt served daily

*Fruit Based **Wholegrain



Primary Autumn 2017 Menu

Week 3



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Main Dish	Mozzarella & Tomato Pizza ** <i>with Oven Baked Wedges</i>	Chicken Thigh <i>With Rice</i>	Honey roast Gammon <i>with Roast Potatoes and Gravy</i>	Pasta Bolognaise **	Crispy Salmon Fillet*** <i>with Chips</i>
Alternative Dish	Quorn Sausage and Tomato Pasta Bake ** <i>with a Bread Wedge</i>	Cheese and Sweetcorn Quiche <i>with New Potatoes</i>	Shepherdess Pie	Mild Yellow Vegetable Curry <i>with Rice</i>	Veggie Quesadilla <i>with Chips</i>
Specials Bar	Panini Bar	Pizza Bar	Pasta Bar	Pizza Bar	Panini Bar
Vegetables	Peas Apple Slaw	Broccoli Fresh Tomato Salsa	Roast Parsnips Sweetcorn	Green Beans Carrots	Baked Beans Peas
Desserts	Strawberry Fro Yoghurt	Apple Cracknell <i>with Custard *</i>	Mini Gingerbread Cake <i>With Fresh Fruit *</i>	Chocolate Sultana Crispie	Creamy Rice Pudding <i>with Fruit</i>

Cool Water, Fresh Fruit and Yoghurt served daily

*Fruit Based **Wholegrain

