



## Pheasant Bank Academy Sex Education Policy

At Pheasant Bank Academy sex education is seen as one aspect in the education and development of the whole child. It is therefore an integral part of the planned curriculum. Sex education should contribute to the requirement of the Education Reform Act 1988 that the school curriculum should be one which:

- Promotes the spiritual, moral, cultural, mental and physical development of pupils at the school and of society, and:
- Prepares such pupils for the opportunities, responsibilities and experiences of adult life.

It is our belief that sex education should be delivered in as natural way as possible, building in a responsible and developmental way on children's existing knowledge and experience of their bodies, relationships and the world around them.

Our aims are:

Through an integrated approach to sex education we aim to:

1. Demonstrate and promote the values of self- respect, respect for others, responsibility for our own actions and responsibility for the family, friends and the wider community.
2. Provide information which is accurate, up to date and appropriate to the age and stage of the child.
3. Help children to formulate ideas and values in an informed way.
4. Help children to develop skills to protect themselves against unwanted experiences.
5. Begin to prepare children for the opportunities, responsibilities and experiences of adult life.

### Objectives

We hope through a sensitive approach the children will:

1. Feel a sense of being unique, knowing that their bodies are special.
2. Feel that they can ask questions in a climate of understanding and trust.
3. Know how to take care of their bodies, keeping them safe and healthy.
4. Have an elementary understanding of human reproduction.
5. Develop skills that will allow them to manage their relationships in a positive and healthy manner.
6. Be able to cope with the physical and emotional demands of growing up.

### Parental Involvement.

Our intention is that sex education provided at this academy should be complementary to, and supportive of the role of the parents. Parents will be informed by letter of specific aspects of sex education e.g. menstruation, that are to be considered in the academy. They will be offered the opportunity to view any materials to be used, and will be able to discuss any concerns with the principal or the school nurse.

### Withdrawal Arrangements

If parents/carers wish to withdraw their child from a lesson, they should notify the principal and they will be invited into school to discuss their decision.

Curriculum/Organisation of Teaching and Learning.

Some sex education will arise spontaneously from children's questions; other sex education can be planned to fit in with relevant topics throughout each school year.

Sex education is most likely to be incorporated into the science curriculum and related health education, however aspects of sex education may also be addressed during:

- Religious Education (Implicit)
- Assembly time
- Speaking and listening time
- PSHCE
- Story time
- Occasional visits from the school nurse, parents with new babies, pregnant mums etc.

We actively encourage children to ask questions and take part meaningfully in discussions.

#### Issues Arising

If sexually related matters arise in unrelated lessons, this is not deemed part of a sex education programme and therefore children will not be withdrawn from discussion.

Teachers should exercise their professional judgement to ensure that such discussions are dealt with in a sensitive manner and in the context of the lesson.

#### Equal Opportunities

As with all other areas of the curriculum, all children will have equal access to sex education regardless of ability, gender or cultural background.

Single gender groupings should be used as deemed relevant and appropriate.

#### Leader

Sex education will be co-ordinated by the PSHE co-ordinator

#### Methodology and Approach

Sex education will be part of our topic based approach but where necessary may be delivered as discrete pieces of information e.g. in KS2 science.

Opportunities will be provided for children to work individually, in small groups and as a class. A variety of teaching methods may be appropriate.

#### Content

The following areas of student from the science National Curriculum are statutory and relate to sex education at KS2. Pupils should be taught:

- That there are life processes including nutrition, movement, growth and reproduction common to animals, including humans.
- The main stages of the human life cycle.

Please see N.C. Guidance 5 Health Education and N.C. Guidance 8 Education for Citizenship for further guidance.