|  |  |  |
| --- | --- | --- |
| **Year Group** | **Summer 2 (Content and Summative Assessment Statements)** | **Outside Agency Sessions** |
| **Changing Me** |
| 3 | * How babies grow
* Understanding a baby’s needs
* Outside body changes
* Inside body changes
* Family stereotypes
* Challenging my ideas
* Preparing for transition
 |  |
| * I can explain how boys’ and girls’ bodies change on the inside/outside during the growing up process and can tell you why these changes are necessary so that their bodies can make babies when they grow up.
* I recognise how I feel about these changes happening to me and can suggest some ideas to cope with these feelings.
 |  |
| 4 | * Being unique
* Having a baby
* Girls and puberty
* Confidence in change
* Accepting change
* Preparing for transition
* Environmental change
 |  |
| * I can summarise the changes that happen to boys’ and girls’ bodies that prepare them for making a baby when they are older.
* I can explain some of the choices I might make in the future and some of the choices that I have no control over.
* I can offer some suggestions about how I might manage my feelings when changes happen.
 |  |
| 5 | * Self- and body image
* Influence of online and media on body image
* Puberty for girls
* Puberty for boys
* Conception (including IVF)
* Growing responsibility
* Coping with change
* Preparing for transition
 | **School Nursing Team**Puberty Session – ‘Changes to your amazing body’9:00AM 21.06.2022Ran by Louise, Alison and Kirsty. |
| * I can explain how boys and girls change during puberty and why looking after myself physically and emotionally is important. I can also summarise the process of conception.
* I can express how I feel about the changes that will happen to me during puberty, and that I accept these changes might happen at different times to my friends.
 |  |
| 6 | * Self-image
* Body image
* Puberty and feelings
* Conception to birth
* Reflections about change
* Physical attraction
* Respect and consent
* Boyfriends/girlfriends
* Sexting
* Transition
 | **School Nursing Team**Conception and Birth Session9:00AM 14.06.2022Ran by Louise, Alison and Kirsty. |
| * I can describe how a baby develops from conception through the nine months of pregnancy, and how it is born.
* I recognise how I feel when I reflect on becoming a teenager and how I feel about the development and birth of a baby.
 |  |